

# Download Healing Back Pain

This DVD should be used for educational purposes and not for the diagnosis or treatment of any medical condition. In the case of any pain, please seek the attention of a physician in order to consider the possibility of serious illness. Dr. Sarno and his Work. Mindbody medicine pioneer, Dr. John E. Sarno, is Professor of Rehabilitation Medicine at New York University School of Medicine and attending physician at the Rusk Institute of Rehabilitation Medicine, New York University Medical Center. Welcome to Healing From Inside. Our mission is to share stories about psychosomatic illness. Psychosomatic (or Mind-Body) illness is an epidemic in North America, and learning about it is the first step to recovery. Along my journey to becoming a life coach and working with people who struggle with chronic pain and other trauma after effects, I came across several books and resources that helped me change my life., Healing Back Pain.

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